



**\*ALL CLASSES ARE BASED ON A 8 WEEK SESSION\***

**September**

**October**

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| x  | x  | x  |    | 5  | 6  | 7  |
| 9  | 10 | 11 | 12 | 13 | 14 |    |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | x  |    |    |

Sessions 1

< PAYMENT WEEK

**November**

**December**

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | x  | x  | 30 |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | x  | x  | x  | 24 |
| 25 | 26 | 27 | x  | x  | 29 | 30 |

Sessions 2

< PAYMENT WEEK

**January**

**February**

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | x  | x  | x  | 4  |
| 6  | 7  | 8  | 9  | 10 | 11 |    |
| 13 | 14 | 15 | 16 | 17 | 18 |    |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    | 1  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

Sessions 3

< PAYMENT WEEK

**March**

**April**

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | x  | 29 |
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | x  |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 |    |    |

Sessions 4

< PAYMENT WEEK

**May**

**June**

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | x  | x  |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | x  |    |    |    |    |

Sessions 5

< END-OF-THE-YEAR SHOW

**X = Gym Closed**

\*All gym closing and session are subject to change  
For Summer Sessions See summer brochure

**\*Call/email for more information\***

631-676-6400

info@freetoflyli.com

**Toddler Classes (45 min)**

18 mth - 3 yr olds

| M    | T | W    | TH | F    | S       |
|------|---|------|----|------|---------|
| x    | x | x    | x  | x    | 11:00am |
| 4:00 |   |      |    |      |         |
| 5:00 | x | 4:00 | x  | 6:00 | 11:00am |

4 - 6 yrs old

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$180     | \$310      | \$750      |

**Gymnastic Classes (90min)**

6 - 12 yr olds

| M    | T | W    | TH | F | S        |
|------|---|------|----|---|----------|
| 4:30 |   |      |    |   |          |
| 6:00 | x | 4:30 | x  | x | 11:45 am |

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$250     | \$450      | \$1100     |

**Advanced Gymnastics Classes**

Pre-IGC 120 min

| M    | T | W | TH | F    | S |
|------|---|---|----|------|---|
| 6:00 | x | x | x  | 4:30 | x |

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$270     | \$500      | \$1200     |

Prep Team 120 min

| M | T | W | TH   | F | S     |
|---|---|---|------|---|-------|
| x | x | x | 6:00 | x | 11:00 |

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$270     | \$500      | \$1200     |

\*All Classes are subject to change

**\*FIRST CLASS MONEY BACK GUARANTEE\***

**Tumbling Classes (55min)**

5 - 8 yrs old

| M    | T    | W    | TH | F    | S |
|------|------|------|----|------|---|
| 4:00 | x    | 5:00 | x  | 6:30 | x |
| 5:00 |      |      |    |      |   |
| 6:00 | 6:00 | 6:00 | X  | 7:00 | X |
|      |      | 7:00 |    |      |   |

8+ yrs old

8+ Adv

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$180     | \$310      | \$750      |

**Parkour / Ninja Warrior (55min)**

4 - 7 yr olds

| M    | T    | W    | TH | F    | S       |
|------|------|------|----|------|---------|
| 5:00 |      |      |    |      |         |
| 6:00 | 5:00 | 5:00 | x  | 6:00 | 11:45am |
|      |      | 6:00 |    | 5:00 |         |
| 7:00 | 7:00 | 7:00 | x  | 7:00 | 12:45pm |

8+ yrs old

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$180     | \$310      | \$750      |

**OPEN GYM**

8 - 16 yr olds

| M | T | W    | TH | F    | S |
|---|---|------|----|------|---|
| x | x | 8:00 | x  | 8:00 | x |

Prices pay as you go

| Members | Non-Members |
|---------|-------------|
| \$10    | \$15        |

\*All Classes are subject to change

**Free to Fly Membership Fee \$40 per year**