



ALL CLASSES ARE BASED ON A 8 WEEK SESSION

September

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | x | x | x | 5 | 6 | 7 |
| x | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

October

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | x | | |

Sessions 1

< PAYMENT WEEK

November

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | x | x | 30 |

December

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | x | x | x | x | x |
| 29 | x | x | x | 2 | 3 | |

Sessions 2

< PAYMENT WEEK

January

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | x | x | x | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

February

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |

Sessions 3

< PAYMENT WEEK

March

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | x | 29 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

April

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | x |
| x | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

Sessions 4

< PAYMENT WEEK

May

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | x | x |
| x | x | 26 | 27 | 28 | 29 | 30 |

June

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | x | | | | |

Sessions 5

< END-OF-THE-YEAR SHOW

X = Gym Closed

*All gyms closing and session are subject to change
For Summer Sessions See summer brochure

Call/email for more information

631-676-6400

info@freetoflyli.com

Toddler Classes (45 min)

18 mth - 3 yr olds

| M | T | W | TH | F | S |
|------|---|------|----|------|---------|
| x | x | x | x | x | 11:00am |
| 4:00 | | | | | |
| 5:00 | x | 4:00 | x | 6:00 | 11:00am |

4 - 6 yrs old

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$180 | \$310 | \$750 |

Gymnastic Classes (90min)

6 - 12 yr olds

| M | T | W | TH | F | S |
|------|---|------|----|---|----------|
| 4:30 | | 4:30 | | | |
| 6:00 | x | 6:00 | x | x | 11:45 am |

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$250 | \$450 | \$1100 |

Advanced Gymnastics Classes

Pre-IGC 120 min

| M | T | W | TH | F | S |
|------|---|---|----|------|---|
| 6:00 | x | x | x | 4:30 | x |

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$270 | \$500 | \$1200 |

Prep Team 120 min

| M | T | W | TH | F | S |
|---|---|---|------|---|-------|
| x | x | x | 6:00 | x | 11:00 |

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$270 | \$500 | \$1200 |

*All Classes are subject to change

FIRST CLASS MONEY BACK GUARANTEE

Tumbling Classes (55min)

5 - 8 yrs old

| M | T | W | TH | F | S |
|------|------|------|----|------|---|
| 4:00 | x | 5:00 | x | 6:30 | x |
| 5:00 | | | | | |
| 6:00 | 6:00 | 6:00 | X | 7:00 | X |
| | | 7:00 | | | |

8+ yrs old

8+ Adv

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$180 | \$310 | \$750 |

Parkour / Ninja Warrior (55min)

4 - 7 yr olds

| M | T | W | TH | F | S |
|------|------|------|----|------|---------|
| 5:00 | x | 5:00 | x | 6:00 | 11:45am |
| 7:00 | 7:00 | 7:00 | x | 7:00 | 12:45pm |

8+ yrs old

Prices

| 1 session | 2 sessions | 5 sessions |
|-----------|------------|------------|
| \$180 | \$310 | \$750 |

OPEN GYM

8 - 16 yr olds

| M | T | W | TH | F | S |
|---|---|------|----|------|---|
| x | x | 8:00 | x | 8:00 | x |

Prices pay as you go

| Members | Non- Members |
|---------|--------------|
| \$10 | \$15 |

*All Classes are subject to change

Free to Fly Membership Fee \$40 per year